



# A PRAYER OF LAMENT

## IN THE PANIC OF PANDEMIC

**Leader** Oh my. My soul. It cries.  
Oh my. My soul. It cries out.

**All** ***Where are you, God?***

**Leader** Oh God, we have heard of your great deeds in ages past; How you parted the Sea for Moses. How you provided food in the wilderness for your people. How you raised up your Son Jesus. In you our ancestors trusted; They trusted and you delivered them.

**All** ***But God, where are you now?***

**Leader** Abba, our hearts break for the thousands who've died in China, Italy, and Spain. We grieve the tens of thousands infected here in the United States.

**All** ***Oh God, where are you now?***

**Leader** Oh, God, we lament the sickness of strangers and fear for the health of our friends and families. We lament the loss of futures we held dear and grieve the death of our plans; We grieve the canceled trips and graduations, the deferred retirements and canceled events. We lament the loss of income, the loss of savings, and the fear of not having enough. We lament the isolation forced upon us and the loneliness we endure. We lament the fear of being infected. We lament the fear of infecting others. We lament our feelings of inadequacy, uncertainty, and overwhelm. We lament those who recklessly resist medical wisdom and those who traffic in conspiracies. We lament our loss of security, certainty, and control.

**All**            ***Oh God, see our grief.***

**Leader**        Our hearts faint; our knees tremble; our bodies quake. Our faces grow pale. Our eyes are spent from weeping and our stomachs churn.

**All**            ***Don't be distant, God. You are our help and strength, our refuge in the time of trouble.***

**Leader**        How long, O Lord? How long must we endure this isolation? How long must we live in doubt and fear? Why does this virus multiply while peace is taken prisoner? Rouse yourself! Do not forget us in this time of trouble.

**All**            ***Come to our help. Rescue us for the sake of your steadfast love.***

**Leader**        For you are a gracious God abounding in steadfast love and faithfulness. By the power of the cross, through which you redeemed the world, bring to an end hostility and establish justice in the gate.

**All**            ***Oh God, rescue us.***

**Leader**        Heal us. Bring us together again. Hurry up, O God. We long for your salvation.

**All**            ***We Hope in you, Abba. Rescue us, we pray.  
Amen.***